



# TEXAS SURGICAL DERMATOLOGY PA

*Experience, Excellence, Commitment*

**Surgery Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Office Phone:** 832-663-6566. **Fax** 832-663-6550. Dr Nguyen's Cell: 832-643-8592

Website: [www.tsderm.com](http://www.tsderm.com)

1. Prepare for your Mohs surgery.

- Read** the surgery instructions and any literature prior to your surgery appointment.
- Purchase** the dressing materials listed and have these available before your surgery day
  - 4x4 Gauze
  - Medical paper Tape
  - Non-stick dressing (ie. Telfa)
  - Aquaphor® ointment (over the counter) or Vaseline petrolatum ointment (Do not use Neosporin/Polysporin). Bring the ointment on the day of surgery.
- Consider** the activity restrictions after surgery (ie. no heavy lifting, exercise- usually one week or more). If you cannot follow these restrictions, then your surgery may be rescheduled.

2. Your surgery may last **all day** (from morning to evening).

- Bring** all of your medications Include any medications prescribed for your surgery, AND any that are taken during lunch or dinner.
- Bring** a small blanket or throw, as the rooms may feel cold. **Wear** comfortable clothing (button or zipper up front, avoid pull over clothing).
- Bring** lunch, and drinks (ie. water, juice, non-alcoholic beverages). We usually have some snacks and drinks available but there is no cafeteria in the building.
- Bring** music (MP3 player, IPod, etc), reading materials, or other items to pass the time
- Bring** someone or arrange for someone to drive you home (unless your doctor agreed *beforehand* that you may drive home yourself). If you do bring someone, please limit yourself to one companion to allow room for other patients and their family members.

3. You will not be able to bathe for 1-2 day after surgery.

- Shower** and shampoo your hair the day before or morning of surgery. If you were given an antibacterial wash, then use this in the morning before your surgery.

4. You do not need to fast, unless you are specifically instructed to.

- Eat** a light breakfast. Bring food and drinks as mentioned above.
- Avoid** more than 1 cup of coffee

5. On the day of your surgery,

- Arrive** at least 15 minutes earlier than your appointment time

*Experience the Excellence in Dermatology*

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